



Susie Longford, the Senior Partner, founded The Diet Practice in 2007.

The Diet Practice is a diet and nutrition consultancy, headquartered in Surrey. The team of highly qualified dietitians and nutritionists offer a number of specialist services to promote healthy eating in companies and for individuals. For business clients these include workplace presentations and workshops on a range of nutrition topics, support at Corporate Health and Wellbeing events, working with staff canteens/caterers/vending machine suppliers and training and mentoring internal 'Champions' to set up healthy eating initiatives and challenges.

You can contact The Diet Practice via the links below:

E-mail: info@thedietpractice.com

Website: www.thedietpractice.com

Telephone: 020 7993 4310